

Sri Dattatreya



(Image Source – Wikipedia)

Lord Dattatreya is considered as the incarnation (avatar) of the Hindu triad Brahma, Vishnu and Shiva in one form. The literal meaning of the term Dattatreya translates to Datta (Given) and Atreya (son of sage Atri) suggesting the one who has given himself away as the son of sage Atri. Lord Dattatreya was born to the holy couple Anusuya and Atri. Dattatreya is the personification of all gods, prophets, saints and yogis. He is the Guru of all gurus. Dattatreya is revered as the Adi-Guru (first teacher) of the Adinath sampradaya (Adinath is an epithet of Shiva). One of the most important texts of Advaita Vedanta, namely Avadhuta Gita is attributed to Dattatreya.

A typical icon for Dattatreya has three heads corresponding to Brahma, Vishnu and Shiva and six hands. He also represents the time (past, present and future) and the three aspects of universe (creation, preservation and destruction).

Dattatreya Mantra and Meaning

HARI OM TATSAT JAI GURU DATTA

Meaning: I meditate on the divine form of Dattatreya as the supreme reality

Dattatreya Gayatri Mantras

Om Dattatreya Vidmahe
Atri putraaya dhimahi
Thanno Datta prachodayat ||

Om digambaraya vidmahe
Yogishwaraya dhimahi
Tanno datta prachodayat ||

Om Dattatreya vidmahe
Digambaraya dhimahi
Tanno datta prachodayat ||

Om Dattatreya vidmahe
Avadootaya dhimahi
Tanno datta prachodayat ||

Om Dram hreem krom
Dattatreya vidmahe
Yogishwaraya dhimahi
Tanno datta prachodayat ||